

JAMOO

Jamoo is derived from the word jamu, an Indonesian traditional herbal medicine that has been used for many centuries in the Indonesian community to maintain good health and to treat diseases. Despite jamu's popularity throughout Indonesia, the jamu herbal culture seems to be most prevalent in Java, particularly in the Javanese royal courts of Yogyakarta and Surakarta. The ancient books on herbal medicine are kept in the royal library and jamu medicine is prescribed to royalties and nobles in Javanese palaces.





BREAKFAST AT SHANGRI-LA

Continental, American, Indonesian and Japanese Breakfasts Include Fresh Juices or Seasonal Fruits and a Hot Drink

Sarapan Menu Continental, Amerika, Indonesia dan Jepang termasuk Jus Segar atau Buah-buahan dan Minuman Panas

Fresh Juices

Orange, Pineapple, Grapefruit, Apple, Watermelon, Papaya, Carrot, Tomato or Cucumber

Jeruk, Nanas, Jeruk Bali, Apel, Semangka, Pepaya, Wortel, Tomat atau Mentimun

or

Fruit

Seasonal Fruit Salad or Sliced Fruits

Salad Buah atau Irisan Buah

Hot Drinks

Black Coffee, Decaf Coffee, Tea, Herbal Infusion, Hot Chocolate or Milo

Kopi Pahit, Kopi Decaf, Teh, Minuman Herbal, Coklat Panas atau Milo



Continental Breakfast

140



Please Choose Three Items from the Bakery Selection Below:

Silakan Pilih Tiga Macam Roti dari Pilihan Berikut

- › Pastry; Danish, Blueberry or Chocolate Muffins
Danish Pastry, Muffin Blueberry atau Muffin Coklat
- › Croissant; Butter, Almond or Pain au Chocolate
Croissant Mentega, Almond atau Coklat
- › Doughnut; Plain or Chocolate
Donat Polos atau Coklat
- › Toast; White or Brown
Roti Tawar atau Gandum
- › Toasted English Muffins or Bagels
English Muffin atau Bagel
- › Gluten-Free White Loaf
Roti Bebas Gluten
- › Rolls; Hard or Soft Rolls
Roti Rolls Keras atau Lunak
- › Sliced Loaf: Baguette, Rye Bread, Walnut Sour Dough, Multigrain or Dark Farmer
Roti Potong Baquet, Gandum Hitam, Adonan Asam Kenari, Multigrain atau Dark Farmer

Served with Your Choice of Preserves, Honey and Butter

Disajikan dengan Pilihan Selai, Madu dan Mentega



AMERICAN BREAKFAST

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Please Choose from a Cereal, a Breakfast Plate and Three Bakery Items.
Silakan Pilih Sereal, Menu Sarapan dan 3 Jenis Roti

> Cereal and Milk

Cereal: Granola, Cornflakes, Special K, Coco Pops, Frosties, Rice Krispies or Bran Flakes
Milk: Full Fat, Low Fat, Soya or Almond Milk

Sereal: Granola, Keping Jagung, Special K, Coco Pops, Frosties, Rice Krispies atau Bran Flakes
Susu: Full Krim, Rendah Lemak, Kedelai atau Almond

> Breakfast Plate

Choose from:

Pilih Salah Satu:

> Two Eggs Served Any Style: Fried, Poached, Boiled, Over Easy or Over Hard
Dua Telur disajikan – Goreng, Rebus Tanpa Cangkang, Rebus, Mata Sapi Setengah Matang atau Matang

> Three-Egg Omelette with Choice of Filling: Mushroom, Tomato, Peppers, Cheese or Beef Ham
Omelet Tiga Telur dengan Pilihan Isi: Jamur, Tomat, Paprika, Keju atau Ham

 > Three-Egg Creamy Scrambled Egg with Grilled Tomatoes, Hash Brown, Beef or Pork Bacon
Tiga Telur Orak-Arik dengan Tomat Panggang, Kentang Hash Brown, Bacon Sapi atau Babi

> Eggs "Benedict": Poached Eggs, Beef Ham on English Muffin with Hollandaise
Telur "Benedict": Telur Rebus Tanpa Cangkang, Ham Sapi diatas Roti Bulat Pipih dengan Saus Holland

> Peach French Toast: Peach and Mascarpone Cheese Stuffed Brioche Grilled in Sweet Butter with Seasonal Fruit and Maple Syrup
Roti Brioche Panggang isi Buah Persik dan Keju Mascarpone dengan Mentega Manis disajikan dengan Buah dan Sirup Maple

> Buttermilk Pancakes with Berries, Whipped Cream and Maple Syrup
Pancake dengan Buah Beri, Krim Kocok dan Sirup Maple

 > Banana or Nutella Belgian Waffle with Berries, Whipped Cream and Maple Syrup
Waffle Pisang atau Nutella ala Belgia dengan Buah Beri, Krim Kocok dan Sirup Maple

> Bakery Basket

> Pastry; Danish, Blueberry or Chocolate Muffins
Danish Pastry, Muffin Blueberry atau Muffin Coklat

> Croissant; Butter, Almond or Pain au Chocolate
Croissant Mentega, Almond atau Coklat

> Doughnut; Plain or Chocolate
Donat Polos atau Coklat

> Toast; White or Brown
Roti Tawar atau Gandum

> Toasted English Muffins or Bagels
English Muffin atau Bagel

> Gluten-Free White Loaf
Roti Bebas Gluten

> Rolls; Hard or Soft Rolls
Roti Rolls Keras atau Lunak

> Sliced Loaf: Baguette, Rye Bread, Walnut Sour Dough, Multigrain or Dark Farmer
Roti Potong: Baguette, Gandum Hitam, Adonan Asam Kenari, Multigrain atau Dark Farmer

Served with Your Choice of Preserves, Honey and Butter
Disajikan dengan Pilihan Selai, Madu dan Mentega

> Natural or Fruit Yogurt

Yogurt Polos atau Buah

All prices are displayed in idr and in thousand (000).

Please advise the in-room associate if you have any food allergies. Prices are subject to 10% service charge and prevailing government tax.

Harga yang ditampilkan dalam Rupiah dan satuan ribuan.

Harap memperhatikan penggolongan makanan apabila Anda memiliki alergi/pantangan bahan makanan.

Harga dikenakan biaya layanan 10% dan pajak pemerintah yang berlaku



INDONESIAN BREAKFAST

158

Please Choose from a Breakfast Plate
Silakan Pilih Menu Sarapan

Nasi Goreng - Indonesian Fried Rice with Fried Egg, Fried Chicken Leg, Prawn Crackers and Sambal

Nasi Goreng Indonesia dengan Telur Goreng, Ayam Goreng, Kerupuk Udang dan Sambal

Or

Nasi Uduk - Indonesian Steamed Rice Cooked in Coconut Milk, flavoured with Bay Leaf and Lemongrass, with Shredded Omelette, Fried Tofu, Tempe, Fried Chicken and Sambal

Nasi Uduk dengan Bumbu Santan, Daun Salam dan Serai, Telur Dadar, Tahu, Tempe, Ayam Goreng dan Sambal


Please choose a Fresh Juice or Seasonal Fruits and a Hot Drink (see previous page)
Silakan pilih Jus Segar atau Buah-buahan dan Minuman Panas (lihat halaman sebelumnya)



JAPANESE BREAKFAST

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Miso Soup
Sup Miso

 Salted Grilled Salmon with Steamed Japanese Rice
Salmon Panggang dengan Nasi Putih Jepang

Pickled Vegetables and Toasted Japanese Seaweed
Acar Sayur dan Rumput Laut Jepang

Please choose a Fresh Juice or Seasonal Fruits and a Hot Drink (see previous page)
Silakan pilih Jus Segar atau Buah-buahan dan Minuman Panas (lihat halaman sebelumnya)





> Wellness Juice

Pear, Spinach and Avocado Smoothie with Coconut Water
Smoothie Pir, Bayam dan Alpukat dengan Air Kelapa
or

Beet, Carrot, Kale, Apple and Lemon Juice with Fresh Ginger
Jus Bit, Wortel, Kale, Apel dan Jeruk dengan Jahe Segar

> Goats Cheese, Marinated Green Olives and Heirloom Tomatoes

Keju Kambing, Zaitun dan Tomat

> Low-Fat Natural Yogurt or Fruit Yogurt

Yogurt Rendah Lemak atau Yogurt Buah

> Breakfast Bowl

Bircher Muesli, Rice Porridge or Oat Porridge
Bircher Muesli, Bubur Beras atau Bubur Sereal

Breakfast Eggs

Choose from a Plate of:

Pilih salah satu:

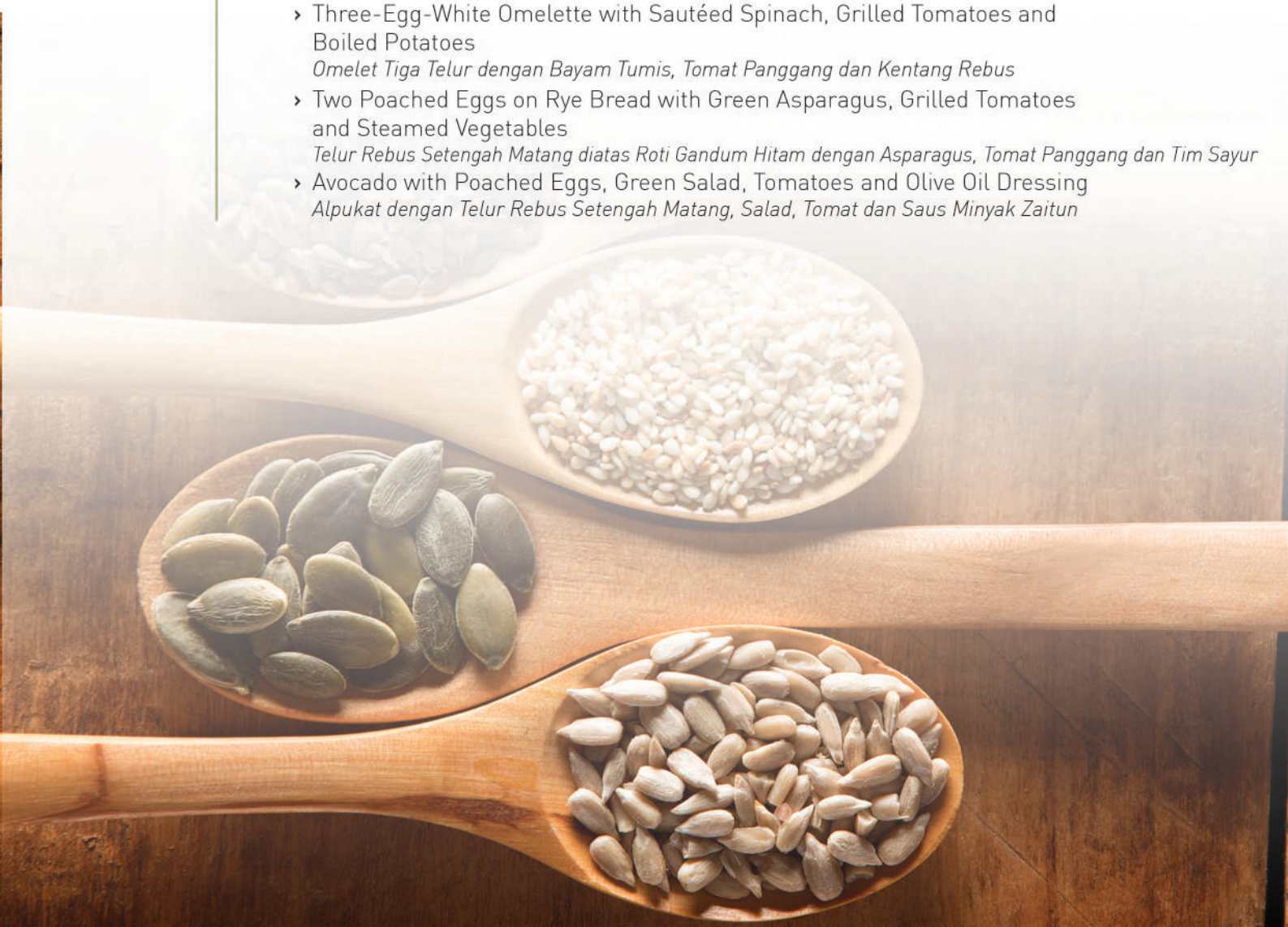
- > Three-Egg-White Omelette with Sautéed Spinach, Grilled Tomatoes and Boiled Potatoes

Omelet Tiga Telur dengan Bayam Tumis, Tomat Panggang dan Kentang Rebus

- > Two Poached Eggs on Rye Bread with Green Asparagus, Grilled Tomatoes and Steamed Vegetables

Telur Rebus Setengah Matang diatas Roti Gandum Hitam dengan Asparagus, Tomat Panggang dan Tim Sayur

- > Avocado with Poached Eggs, Green Salad, Tomatoes and Olive Oil Dressing
Alpukat dengan Telur Rebus Setengah Matang, Salad, Tomat dan Saus Minyak Zaitun





BREAKFAST A LA CARTE MENU



TO START

- › **Fresh Juice** 55
Pineapple, Grapefruit, Watermelon, Apple, Carrot and Tomato
Nanas, Jeruk Bali, Semangka, Apel, Wortel dan Tomat
- › **Fruit Platter** 120
Irisan Buah Segar
- › **Yogurt** 65
Natural or Fruit Yogurt
Yogurt Natural atau Buah
- › **Cereal** 98
Bircher Muesli with Fresh Green Apple, Yoghurt and Mixed Fresh Berries
Sereal Bircher Muesli dengan Apel Hijau Segar, Yogurt dan Campuran Beri Segar
- › **Porridge** 82
Oat or Rice with Honey, Brown Sugar, Raisins and Almonds
Bubur Gandum atau Beras dengan Madu, Gula Merah, Kismis dan Kacang Almond



BREAKFAST COLD

- › **Assorted Cold Cuts** 120
Aneka Macam Potongan Daging Dingin
- › **Assorted Cheese with Crackers and Fruits** 120
Aneka Macam Keju dengan Kripik dan Buah-buahan
- › **Smoked Salmon Bagel and Cream Cheese** 85
Roti Bagel dengan Ikan Salmon Asap dan Krim Keju



FROM THE GRIDDLE

- › **Peach French Toast** 82
Peach and Mascarpone Cheese Stuffed Brioche Grilled in Sweet Butter with Seasonal Fruit and Maple Syrup
Roti Panggang Brioche isi Buah Persik dan Keju Mascarpone dengan Mentega Manis disajikan dengan Buah dan Sirup Maple
- › **Buttermilk Pancakes** 82
Served with Whipped Cream, Fresh Berries and Maple Syrup
Panekuk Buttermilk dengan Krim Kocok, Buah Beri Segar dan Sirup Maple
- › **Belgian Waffle** 118
Banana or Nutella Served with Whipped Cream, Berries and Maple Syrup
Waffle Pisang atau Nutella ala Belgia dengan Krim Kocok, Buah Beri dan Sirup Maple



CEREAL AND MILK

- › **Milk:** Full Fat, Low Fat, Soya or Almond Milk 52
Susu: Full Krim, Rendah Lemak, Kedelai atau Almond
- › **Cereals:** Granola, Cornflakes, Coco Pops, Honey Smacks, Special K, All Bran, Sultana Bran or Gluten Free Flakes 82
Sereal: Granola, Cornflakes, Coco Pops, Honey Smacks, Special K, All Bran, Sultana Bran atau Flakes Bebas Gluten

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FROM THE BAKERY

Served with Your Choice of Preserves, Honey, Vegemite, Butter or Margarine
Disajikan dengan Pilihan Selai, Madu, Vegemite, Mentega atau Margarine

- > **Pastry; Danish, Blueberry or Chocolate Muffins (two pieces)** 35
Aneka Kue Pastry; Roti Danish, Muffin Blueberry atau Coklat (dua buah)
- > **Croissant; Butter, Almond or Pain au Chocolate (two pieces)** 35
Kue Croissant; Mentega, Almond atau Coklat (dua buah)
- > **Doughnut; Plain or Chocolate (two pieces)** 35
Donat Polos atau Coklat (dua buah)
- > **Toast; White or Brown (two pieces)** 35
Roti Panggang; Putih atau Coklat (dua buah)
- > **Toasted English Muffins or Bagels (two pieces)** 35
English Muffin atau Bagel Panggang (dua buah)
- > **Gluten-Free White Loaf (four pieces)** 65
Roti Tawar Tanpa Gluten (empat buah)
- > **Rolls; Hard or Soft Rolls (four pieces)** 65
Roti Rolls Keras atau Lunak (empat buah)
- > **Sliced Loaf; Baguette, Rye Bread, Walnut Sour Dough, Multigrain or Dark Farmer (four slices)** 118
Roti Potong; Baquet, Roti Gandum Hitam, Roti Adonan Asam Kenari, Multigrain, atau Dark Farmer (empat buah)



ASIAN HOT BREAKFAST

- > **Plain Congee with Traditional Condiments** 98
Bubur Polos dengan Kondimen Tradisional
- > **Chicken Congee with Traditional Condiments** 98
Bubur Ayam dengan Kondimen Tradisional
- > **Congee of The Day with Traditional Condiments** 98
Bubur Spesial Hari Ini
- > **Nasi Goreng** 118
Fried Rice with Fried Egg, Fried Chicken, Lettuce, Prawn Crackers and Sambal
Nasi Goreng dengan Telur Goreng, Ayam Goreng, Selada, Kerupuk Udang dan Sambal
- > **Dim Sum** 98
Basket of Assorted Homemade Steamed Chinese Dim Sum
Aneka Dim Sum
- > **Japanese Grilled Salmon** 218
Served with Steamed Spinach, Fresh Lemon, Steamed Rice, Nori, Tsukemono and Teriyaki Sauce
Salmon Panggang Khas Jepang disajikan dengan Bayam Kukus, Lemon Segar, Nasi Putih dengan Nori, Tsukemono dan Saus Teriyaki
- > **Fried Egg Noodles** 108
With Vegetables and Mushrooms
Mie Goreng dengan Sayuran dan Jamur
- > **Wonton Noodles** 148
Noodle Soup with Pak Choi, Chicken, Casiu and Shrimp Wonton
Sup Mie Pangsit dengan Pak Choi, Ayam, Casiu dan Pangsit Udang

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BREAKFAST EGGS

All Eggs are Served with Hash Brown Potatoes, Grilled Tomatoes

Choice of meat: Please choose one

(Chicken or Veal Sausage, Turkey or Beef Ham, Beef or Pork Bacon)

Semua Menu Telur disajikan dengan Kentang Hash Brown dan Tomat Panggang

Pilihan Daging: Pilih Salah Satu (Sosis Ayam atau Sapi, Ham Daging Kalkun atau Daging Sapi, Bacon Daging Sapi atau Daging Babi)

- › **Eggs Benedict** 182
 Served with Thinly Sliced Ham or Smoked Salmon on a Toasted English Muffin and Glazed with Hollandaise Sauce
Telur dimasak ala Benedict dengan Irisan Ham atau Ikan Salmon Asap dengan Roti Bulat Pipih saus Holland
- › **Two-Eggs** 128
 Served Any Style; Fried, Poached, Boiled, Over Easy or Over Hard with Toasted Bread
Dua Telur disajikan: Goreng, Rebus Tanpa Cangkang, Rebus, Mata Sapi Setengah Matang atau Matang dengan Roti Bakar
- › **Three-Egg Omelette** 146
 Plain or Choice of Filling; Mushrooms, Tomatoes, Onion, Beef Ham, Peppers, Cheese
Tiga Telur Omelet Biasa atau dengan Isian: Jamur, Tomat, Bawang Bombay, Daging Ham, Paprika, Keju
- › **Three-Eggs Scrambled** 146
Tiga Telur dimasak Orak Arik
- › **Egg-White Omelette** 146
 Plain or Choice of Filling; Mushrooms, Tomatoes, Onion, Beef Ham, Peppers, Cheese
Omelet Putih Telur Biasa atau dengan Isian; Jamur, Tomat, Bawang Bombay, Daging Ham, Paprika, Keju
- › **Sides (Price per portion) Makanan Tambahan (harga per porsi)**

 - 🌿 Sautéed Mushrooms 35
Jamur Tumis
 - 🌿 Sautéed Spinach 35
Bayam Tumis
 - Hash Browns 35
Kentang Hash Brown
 - 🐷 Beef Bacon or Pork Bacon 40
Daging Asap Sapi atau Babi
 - 🥜 Baked Beans 35
Kacang Panggang
 - 🌿 Grilled Tomato 35
Tomat Panggang

